

# 2009 Harvest Invitational Competition

**Non Qualifying and Basic Skills**

**Sunday**

**October 25, 2009**

Hosted by the Frederick Figure Skating Club

Skate Frederick Ice Sports & More

1288 Riverbend Way

Frederick, MD. 21701

[www.frederickfsc.org](http://www.frederickfsc.org)

Sanctioned By **US Figure Skating**



# The 2009 Harvest Invitational Competition

October 25, 2009

**CONTACT** Joyce Glorioso [sfprozone@comcast.net](mailto:sfprozone@comcast.net) (301) 662-7362 x32

**LOCATION** Skate Frederick Ice Sports and More  
1288 Riverbend Way  
Frederick, MD. 21701

**SANCTIONING** This Non-Qualifying and Basic Skills competition is sanctioned by U.S. Figure Skating. It will be conducted in accordance with the Rules of US Figure Skating as set forth in the 2008/2009 Rulebook.

**ELIGIBILITY/ENTRIES** All applicants must be members, in good standing, of US Figure Skating. Review the entry form carefully with the skaters coach before submitting. Changes after the entry forms are processed or during the competition will carry a \$25.00 fee. **NO REFUNDS** will be given for any reason after September 25, 2009.

Entries should be mailed to: Harvest Competition  
C/O The Frederick Figure Skating Club  
P.O. Box 3824  
Frederick, MD 21705-3824

**Direct Questions to:**  
Joyce Glorioso (301) 662 7362 x 32  
[sfprozone@comcast.net](mailto:sfprozone@comcast.net)

## FEES

EVENT	1 <sup>st</sup> Entry	2 <sup>nd</sup> Event	3 <sup>rd</sup> Event and additional
All Basic Entries	\$40.00	\$20.00	\$10.00
All No-Test to Pre-Juvenile Skaters	\$80.00	\$35.00	\$20.00
All Juvenile to Senior skaters	\$90.00	\$35.00	\$20.00

**REGISTRATION AND MUSIC** The registration desk will be open ½ hour before the start of the first competitive event. All other competitors should register at least one hour prior to their first event. Music must be left at the registration desk at the time of registration. Competitors must have extra copies of their music available. **CDs only**, no tapes will be accepted. All CDs must be clearly marked with the name and skating level.

**AWARDS** Non qualifying awards will be given in each group for the first through fourth place finishers. Basic Skills awards will be given for 1<sup>st</sup> through 5<sup>th</sup> place finish. Award ceremonies will be held at posted times throughout the event.

**JUDGING SYSTEM** The 6.0 judging system will be used for all levels.

**CRITIQUES** Critiques will be available for skaters who are entered in events where there are no other skaters entered, *as time allows*.

**RINK FACILITY** Skate Frederick is a twin rink facility with two NHL Regulation surfaces (200'x85'). Some events may be skated on ½ ice where applicable. Snack bar and dressing rooms will be available.

**PRACTICE ICE** Practice ice will be available, please check Practice Ice form for availability

**ADMISSION** There will be no admission charge for spectators.

**VIDEO** Personal videotaping is allowed with battery operated cameras only. No flash photography.

**Entries must be mailed and postmarked no later than SEPTEMBER 25, 2009.  
DO NOT send applications via registered mail.**

**A schedule of events will be posted online at [www.frederickfsc.org](http://www.frederickfsc.org) as soon as the schedule is completed.**

**ALL LEVELS SNOWPLOW TO SENIOR WILL BE INCLUDED.  
<! BASIC SKILLS EVENTS CAN BE FOUND AT THE BACK OF THE PACKET!>**

## ACCOMODATIONS

### **Fairfield Inn by Marriot 301-631-2000**

220 Westview Drive  
1 Minute off Route 270  
12 Minutes South of the Rink

### **Comfort Inn 301-662-02815**

998 W. Patrick St.  
(Beside Red Horse Restaurant)  
Seconds off of Route 15  
6 Minutes south of the Rink

### **Holiday Inn 301-662-5141**

Rt. 40 and Route 15  
Seconds off route 15  
6 minutes South of the Rink

### **Courtyard Inn by Marriot 301-631-9030**

5225 Westview Drive  
1 Minute off of Route 270  
12 Minutes South of the Rink

## DIRECTIONS TO SKATE FREDERICK

### **From Baltimore, Maryland**

695 to I 70 West to Frederick, Take 15 North (Gettysburg), Follow Rt. 15 to Rt. 26 East (Libertytown/Walkersville) exit  
Turn Right at the 2<sup>nd</sup> traffic light (Monocacy Blvd.) Exxon/Roy Rogers, Turn Right onto Riverbend Way,  
Skate Frederick on left across from Riverside Carwash

### **From Points West**

Take I-70 East to Rt. 15 N. (Gettysburg), Follow Rt. 15 to Rt. 26 East (Libertytown/Walkersville) exit, Turn  
Right at the 2<sup>nd</sup> traffic light (Monocacy Blvd.) Exxon/Roy Roger's, Turn Right onto Riverbend Way, Skate  
Frederick is located on the left across from Riverside Carwash.

### **From Points South**

495 to 270 North to Frederick, I-270 Turns into Rt. 15 North (Do not go on I-70 N to Hagerstown), Follow  
Rt. 15 to Rt. 26 East (Libertytown/Walkersville) exit, Turn Right at the 2<sup>nd</sup> traffic light (Monocacy Blvd.)  
Exxon/ Roy Rogers, Turn Right onto Riverbend Way, Skate Frederick on left across from Riverside  
Carwash

### **From Points North**

Route 15 South from Gettysburg toward Frederick, Follow 15 South Watch for Monocacy Blvd. On left just  
Passed Beckley's Motel, Turn Left onto Monocacy Blvd. (you will cross over north bound 15), Go straight  
until stoplight (CVS/Exxon), Go straight through stoplight, Turn Right onto Riverbend Way, Skate Frederick  
on left across from Riverside Carwash

## Harvest Invitational Competition Non-Qualifying Events

Skaters may not compete below their test level. They must compete at their current level or one level above their test level, but not both. All events are final events.

**Non Qualifying FREESKATING** – No-test through Juvenile will be grouped by age with a maximum of 10 per group. Intermediate and above will be grouped by random draw the day of event.

Level	Duration	Qualifications
Tots	1:30	Age 7 & under as of 08/02/2008, Jumps allowed include Waltz, Salchow, Toe Loop, ½ Flip, ½ Lutz, Spins allowed include upright forward one and two foot spins, Also allowed Bunny Hops, spirals, lunges, No combination jumps or spins.
No-Test	1:30	NO Freeskating TESTS PASSED. NO axel or double jumps permitted.
Pre-Preliminary B	1:30	Passed Pre-Preliminary Free Skating Test, <b>No Axels or double jumps permitted</b>
Pre-Preliminary A	1 :30	Passed Pre-Preliminary Free Skating Test, <b>Axels permitted, No double jumps permitted.</b>
Preliminary	1:30	Passed Preliminary Free Skating test.
Pre-Juvenile	2:00	Passed Pre-Juvenile Free Skating test.
Open Juvenile	2:15	Age 13 or over as of 08/02/2008, no triple jumps, passed Juvenile Free Skating Test
Juvenile	2:15	Age 12 or under as of 08/02/2008, passed Juvenile Free Skating Test.
Intermediate	2:30	Passed Intermediate Free Skating Test.
Novice	Ladies 3:00 Men 3:30	Passed Novice Free Skating Test.
Junior	Ladies 3:30 Men 4:00	Passed Junior Free Skating Test.
Senior	Ladies 4:00 Men 4:30	Passed Senior Free Skating Test.

**Event duration times listed above are allowed +/- 10 seconds**

**Non-Qualifying Compulsory Moves** - Qualifications are same as Free Skating categories. Moves may be done in any order, additional elements not allowed. Connecting steps are allowed except where stated. No music, half ice for all levels except for Juvenile, which is full ice.

Event Level	Qualifications	Time (minutes)
Tots (Age 7 & under)	:45 Max ½ ice	Two foot spin (3 revolutions), Two Bunny hops, Backward Skating, Full Stops, Forward stroking
No Test	1:00 Max ½ ice	Two foot spin (3 revolutions), Two Bunny hops, Backward Skating, Full Stops, Forward stroking
Pre-Preliminary	1:00 Max ½ ice	Forward & backward consecutive edges, Waltz jump, One foot spin, Toe Loop, Forward inside spiral (either foot)
Preliminary	1:00 Max ½ ice	Forward right & left inside spirals (consecutive), Waltz jump/toe loop jump combination(no turn or step in between), Forward power 3 turns, Flip jump, Back scratch spin(min. 3 revs)
Pre-Juvenile	1:00 Max ½ ice	Axel, Lutz jump, Backward spiral (either foot) on a curve, Diagonal or straight step footwork, Flip - Loop combination, Camel spin to sit spin
Juvenile	1:30 Max Full Ice	Axel, Double Salchow, Eight step Mohawk clockwise, Lutz jump – loop jump combination (no turn or steps in between), Camel/sit/change sit combination spin, Forward double 3 turns (inside and outside), Backward power 3 turns, Backward Spiral

## Non-Qualifying Showcase

### **Skaters may only enter one showcase event**

Showcase is a form of skating in which the skater will be judged on overall performance. Eligibility rules of the corresponding Freeskating Level apply to all Showcase events. All showcase events have a max time limit of 2 minutes. Competitors will be judged in the following categories with no order of preference.

- Technical Merit
- Costume-its suitability to the music
- Music interpretation
- Choreography- suitability of the program sequence and elements to the music
- Audience Appeal- overall composition, appearance and style

## Non-Qualifying Interpretive

Age and Test requirements are based on the Free Skating test levels. Music will be selected from modern and contemporary cuts of music. Competitors will be judged on choreography, (suitable with program sequence and elements to the music and theme) Originality, (creativity of chosen theme carried throughout the entire program) and Showmanship, (presentation to the audience and overall style).

Criteria:

- Music will be age/level appropriate
- Music will be played once in the skater's locker room
- Music will be played twice during warm-up.
- Skaters MUST return to the room after their warm-up and remain there while waiting for their turn to skate.

Groups:

- No-Test 1:30 max time limit
- Pre-preliminary-Preliminary 1:30 max time limit
- Pre-juvenile-Juvenile 2:00 max time limit
- Intermediate-Novice 2:00 max time limit
- Junior-Senior 2:00 max time limit

## Non-Qualifying JUMP EVENT

Eligibility rules of the corresponding Freeskating Level apply to all jump events. No-Test through Juvenile will be skated on half ice. Intermediate and up will be skated on full ice. Jumps can be performed IN ANY ORDER. These jumps will be performed WITHOUT MUSIC. Two opportunities will be given to perform each jump. The skaters will be judged on the best jump. An axel is considered a single jump. In situations where the skater is given a choice of jumps the first attempt will determine the jump to be judged and the skater will not be allowed to change the jump on the second attempt. The skater has 1 minute to complete the jumps and any optional 2<sup>nd</sup> attempts.

<b>LEVEL</b>	<b>ELEMENTS</b>
No-Test	1. Waltz Jump 2. Salchow 3. Waltz Jump/ toe loop combination
Pre-Preliminary	1. Loop jump 2. Flip jump 3. Combination of any two single jumps (NO AXELS)
Preliminary	1. Lutz 2. Salchow 3. Combination of any single jump with a loop jump (may include Axel)
Pre-Juvenile	1. Axel 2. Lutz 3. Any double jump
Juvenile	1. Axel 2. Double Toe 3. Combination of any double jump with a loop jump
Intermediate	1. Axel 2. Double Loop 3. Combination of any two double jumps
Novice	1. Double Loop 2. Double Flip 3. Combination of any two double jumps
Junior	1. Double Loop 2. Double Lutz 3. Combination of any two double jumps or a triple with a double jump
Senior	1. Double Lutz 2. Double Axel 3. Combination of any two double jumps or a triple with a double jump

## Non Qualifying COMPULSORY SPIN EVENT

Spins will be judged on entrance, position quality, speed, duration and exit. Connecting moves are permitted between each spin but will not be judged. Spins may be done in any order. All levels will be done on half ice.

Level	Qualifications	Elements
No-Test	1 minute max ½ ice	1. One Foot Spin (Free foot to knee optional) (3 revolutions) 2. Two Foot Spin (3 revolutions) 3. Scratch spin (3 revolutions)
Pre-Preliminary	1 minute max ½ ice	1. One Foot Spin (3 revolutions) 2. Two Foot Spin (3 revolutions) 3. Sit Spin (3 revolutions in position)
Preliminary	1 minute max ½ ice	1. One Foot Upright Spin (3 revolutions) 2. Front to Back Scratch Spin (3 revolutions per foot) 3. Sit Spin (3 revolutions in position)
Pre-Juvenile	1 minute max ½ ice	1. Camel Spin (3 revolutions in position) 2. Front to Back Scratch Spin exit on spinning foot (4 revolutions per foot) 3. Combination Camel to Sit Spin(6 revolutions total, no change of foot)
Juvenile	1 minute max Full Ice	1. Forward Sit Spin (4 revolutions in position) 2. Layback or Attitude Spin – Ladies (4 revolutions in position) Forward Camel Spin – Men (4 revolutions in position) 3. Combination Spin with one change of foot and one change of position (4 revolutions each foot) Spin can be Camel, Sit or Attitude.
Intermediate	1 min 30 sec max Full ice	1. Sit Change Sit (4 revolutions each foot in position) 2. Flying Camel (5 revolutions in position) 3. Spin combination consisting of one change of foot and one change position (4 revolutions on each foot)
Novice	1 min 30 sec max	1. Camel Spin to backward Camel Spin (4 revolutions on each foot, <b>in position</b> ) 2. Solo Spin, choice of Camel, Sit or Layback (6 revolutions <b>in position</b> ) 3. Spin combination consisting of one change of foot and one change of position (5 revolutions on <b>each foot</b> )
Junior	1 min 30 sec max	1. Flying Sit or Flying Reverse Sit Spin (6 revolutions <b>in position</b> ) 2. Layback or Crossfoot Spin (6 revolutions <b>in position</b> ) 3. Spin combination consisting of 3 positions and one change of foot (5 revolutions on <b>each foot</b> )
Senior	2 minutes max	1. Layback or Scratch Solo Spin (8 revolutions <b>in position</b> ) 2. Any Flying Spin ( 6 revolutions <b>in position</b> ) 3. Combination Spin, 2 changes of positions and one change of foot (10 revolutions total) 4. Any Solo Spin ( 6 revolutions <b>in position</b> )

# Harvest Invitational Competition

## Basic Skills Events

### ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the Free skate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

### **BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8**

- Each skater will have the option to perform one element at a time
  - A. In the order listed below (no excessive connecting steps) **OR**
  - B. Will perform each element when directed by a judge or referee
- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

<p><b><u>Snowplow Sam - Tots:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 2-6 in a row</li> </ol>	<p><b><u>Basic 5:</u></b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counterclockwise</li> <li>2. Backward crossovers 6-8 consecutive - both directions</li> <li>3. One foot spin - minimum of three revolutions</li> <li>4. Hockey stop</li> <li>5. Side Toe hop -either direction</li> </ol>
<p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 6-8 in a row</li> </ol>	<p><b><u>Basic 6:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside three turn - R &amp; L from a standstill</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line - R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Forward alternating ½ swizzle pumps, in a straight line -across width of ice</li> <li>3. Two foot turn in place forward to backward</li> <li>4. Backward two foot swizzles 6 - 8 in a row</li> <li>5. Moving snowplow stop</li> </ol>	<p><b><u>Basic 7:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump - either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 - 8 consecutive</li> <li>3. Moving forward to backward two foot turn - either direction</li> <li>4. Backward one foot glide - either foot</li> <li>5. Two foot spin</li> </ol>	<p><b><u>Basic 8:</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka - either direction</li> <li>4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - optional free foot position</li> </ol>
<p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside three turn - R &amp; L from a standstill</li> <li>2. Forward outside edge on a circle clockwise or counter clockwise</li> <li>3. Forward crossovers 6-8 consecutive both directions</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop - R or L</li> </ol>	

**Harvest Invitational Competition**  
**Basic Skills Events**

**BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8**

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

<p><b><u>Snowplow Sam - Tots:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3-in a row</li> <li>3. Backward wiggles 2-6 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 5:</u></b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counterclockwise</li> <li>2. Backward crossovers 6-8 consecutive in both directions</li> <li>3. One foot spin - min of three revolutions</li> <li>4. Side Toe hop -either direction</li> <li>5. Hockey stop</li> </ol>
<p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Backward wiggles 6-8 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 6:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside 3-turn from a standstill - R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward arabesque spiral on a straight line R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Two foot turn in place - forward to backward</li> <li>3. Backward two foot swizzles 6 - 8 in a row</li> <li>4. Forward alternating ½ swizzle pumps, in a straight line across width of ice</li> <li>5. Moving snowplow stop</li> </ol>	<p><b><u>Basic 7:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive</li> <li>3. Moving forward to backward two foot turn in either direction</li> <li>4. Backward one foot glide - either foot</li> <li>5. Two foot spin</li> </ol>	<p><b><u>Basic 8:</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka in either direction</li> <li>4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - optional free foot position</li> </ol>
<p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside edge on a circle clockwise or counter clockwise</li> <li>2. Forward crossovers 6-8 consecutive both directions</li> <li>3. Forward outside 3 turn - R &amp; L from a standstill</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop - R or L</li> </ol>	

**Harvest Invitational Competition**  
**Basic Skills Events**

**FREE SKATE ELEMENTS EVENT: FREE SKATE 1-6**

- In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- To be skated on ½ ice
- No music is allowed
- **The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels**
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 or less

<p><b><u>Free skate level 1 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Advanced forward stroking - 4-6 consecutive</li> <li>2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside</li> <li>3. Scratch spin from backward crossovers</li> <li>4. Waltz jump from backward crossovers</li> <li>5. Half flip jump</li> </ol>	<p><b><u>Free skate level 4 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Spiral sequence, FI Spiral, FI Mohawk, BO spiral, clockwise or counter clockwise</li> <li>2. Forward power 3's, 2-3 consecutive sets-R or L</li> <li>3. Sit spin</li> <li>4. Loop jump</li> <li>5. Waltz jump/loop jump</li> </ol>
<p><b><u>Free skate level 2 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside spiral - R or L. and a forward inside spiral - R or L</li> <li>2. Waltz Three's - R or L</li> <li>3. Beginning back spin - entry optional</li> <li>4. Waltz jump, side toe hop, waltz jump series</li> <li>5. Toe loop jump</li> </ol>	<p><b><u>Free skate level 5 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Spiral sequence, FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral</li> <li>2. Camel spin</li> <li>3. Forward upright spin to back upright spin</li> <li>4. Loop/loop jump</li> <li>5. Flip jump</li> </ol>
<p><b><u>Free skate level 3 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8</li> <li>2. Advanced forward outside swing rolls 4 - 6 consecutive</li> <li>3. Back spin</li> <li>4. Salchow jump</li> <li>5. Waltz jump/toe loop or Salchow/toe loop</li> </ol>	<p><b><u>Free skate level 6 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Free skate 6)</li> <li>2. Camel, sit spin combination - minimum of 4 revolutions total</li> <li>3. Split jump or stag jump</li> <li>4. Waltz jump, ½ loop, Salchow combination</li> <li>5. Lutz jump</li> </ol>

**Harvest Invitational Competition**  
Basic Skills Events

**FREE SKATE EVENT: FREE SKATE 1-6**

- The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.
- **Vocal music is not allowed.**
- **The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels**
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

<b>Freestyle 1</b> 1. Advanced Forward stroking. 4-6 strokes 2. Forward outside or inside consecutive edges, 2-4 3. Scratch spin from back crossovers 4. Waltz jump from back crossovers 5. Half flip jump	<b>Freestyle 4</b> 1. Spiral sequence:FI spiral, FI Mohawk, BO spiral R or L 2. Forward power 3's, 2-3 consecutive R or L 3. Sit spin 4. Loop jump 5. Waltz jump/loop jump
<b>Freestyle 2</b> 1. Forward outside spiral R or L 2. Waltz three's R or L 3. Beginning back spin 4. Waltz jump, side toe hop, waltz jump 5. Toe loop	<b>Freestyle 5</b> 1. Spiral sequence: FO spiral, FO 3-turn, 1 back crossover Backward inside spiral, R or L 2. Camel spin 3. Forward upright spin to back upright spin 4. Loop/loop combination jump 5. Flip jump
<b>Freestyle 3</b> 1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls 4-6 3. Back spin 4. Salchow 5. Waltz jump/Toe loop or Salchow/toe loop	<b>Freestyle 6</b> 1. 5 step Mohawk sequence, 1 set alternating patterns 2. Camel/sit spin combination, min of 4 revolutions total 3. Split or stag jump 4. Waltz jump/1/2 loop /Salchow combination 5. Lutz jump

**BASIC SKILLS SHOWCASE EVENTS**

Duration: 1:30 or less – Division will be decided by registrations

1. Theme of skater's choice
2. May have music with words
3. Judging to emphasize interpretation of music and artistic value instead of technical elements
4. Costumes that complement music

May use hand props or items that skater can get on and off ice without assistance.

# Practice Ice

If you would like private freestyle on Saturday evening or Sunday morning please indicate below the required information and include this page along with the completed Harvest Invitational application page and the payment for both. (One check can be written for both)

## Ice is sold in 20 min intervals at \$10 per block purchased

The following times are preliminary estimates and may be changed according to registration! You may choose more than 1 slot. Music can be played.

**Please circle your choice!**

Saturday 5:00 – 5:20	Ice Babies – Basic 3
Saturday 5:20 – 5:40	Basic 4 – Freestyle 1
Saturday 5:40 – 6:00	Freestyle 2 – Preliminary
Saturday 6:00 – 6:20	Pre Juvenile – Juvenile
Saturday 6:20 – 6:40	No Test w/ Axel
Saturday 6:40 – 7:00	Intermediate - Senior
Sunday 7:00 – 7:20	Ice Babies – Basic 3
Sunday 7:20 – 7:40	Basic 4 – Freestyle 1
Sunday 7:40 – 8:00	Freestyle 2 – Preliminary
Sunday 8:00 – 8:20	Pre Juvenile – Juvenile
Sunday 8:20 – 8:40	No Test w/ Axel
Sunday 8:40 – 9:00	Intermediate - Senior

Name of Skater \_\_\_\_\_ Level: \_\_\_\_\_ # of slots \_\_\_\_\_

# Harvest Invitational Competition

October 25, 2009

Application form for all events.

Competitor's Name \_\_\_\_\_ D.O.B. \_\_\_/\_\_\_/\_\_\_ Age as of 7/01/09 \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone Number (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ E-mail Address \_\_\_\_\_

Home Club \_\_\_\_\_ OR Basic Skills Rink \_\_\_\_\_ USFS # \_\_\_\_\_

Highest Test Passed (as of 09/25/09): Figures \_\_\_\_\_ MITF \_\_\_\_\_ Freeskate \_\_\_\_\_  
 Dance \_\_\_\_\_ Pairs \_\_\_\_\_

Coach's Signature \_\_\_\_\_ Phone Number \_\_\_\_\_

Coach's Email \_\_\_\_\_ Coach's USFSA # \_\_\_\_\_

<b>NON-QUALIFYING EVENTS</b>		<b>BASIC SKILLS EVENTS</b>		
<b>Freeskating Events</b> <input type="checkbox"/> Senior <input type="checkbox"/> Junior <input type="checkbox"/> Novice <input type="checkbox"/> Intermediate <input type="checkbox"/> Juvenile <input type="checkbox"/> Open Juvenile <input type="checkbox"/> Pre-Juvenile <input type="checkbox"/> Preliminary <input type="checkbox"/> Pre-Preliminary A <input type="checkbox"/> Pre-Preliminary B <input type="checkbox"/> No Test <input type="checkbox"/> Tots	<b>Short Program</b> <input type="checkbox"/> Senior Short <input type="checkbox"/> Junior Short <input type="checkbox"/> Novice <input type="checkbox"/> Intermediate  <b>Compulsory Moves</b> <input type="checkbox"/> Juvenile <input type="checkbox"/> Pre-Juvenile <input type="checkbox"/> Preliminary High <input type="checkbox"/> Pre-Preliminary <input type="checkbox"/> No Test  <b>Jump Event</b> <input type="checkbox"/> Senior <input type="checkbox"/> Junior <input type="checkbox"/> Novice <input type="checkbox"/> Intermediate <input type="checkbox"/> Juvenile <input type="checkbox"/> Pre-Juvenile <input type="checkbox"/> Preliminary <input type="checkbox"/> Pre-Preliminary <input type="checkbox"/> No Test  <b>Showcase</b> <input type="checkbox"/> No-Test <input type="checkbox"/> Pre-Preliminary- <input type="checkbox"/> Preliminary <input type="checkbox"/> Pre Juvenile- <input type="checkbox"/> Juvenile <input type="checkbox"/> Intermediate <input type="checkbox"/> Novice <hr/> <input type="checkbox"/> Junior <input type="checkbox"/> Senior	<b>Basic Elements Event</b> <input type="checkbox"/> Snowplow Sam <input type="checkbox"/> Basic 1 <input type="checkbox"/> Basic 2 <input type="checkbox"/> Basic 3 <input type="checkbox"/> Basic 4 <input type="checkbox"/> Basic 5 <input type="checkbox"/> Basic 6 <input type="checkbox"/> Basic 7 <input type="checkbox"/> Basic 8	<b>Basic Program Event</b> <input type="checkbox"/> Snowplow <input type="checkbox"/> Basic 1 <input type="checkbox"/> Basic 2 <input type="checkbox"/> Basic 3 <input type="checkbox"/> Basic 4 <input type="checkbox"/> Basic 5 <input type="checkbox"/> Basic 6 <input type="checkbox"/> Basic 7 <input type="checkbox"/> Basic 8	<b>Freeskate Element Event</b> <input type="checkbox"/> Freeskate 1 <input type="checkbox"/> Freeskate 2 <input type="checkbox"/> Freeskate 3 <input type="checkbox"/> Freeskate 4 <input type="checkbox"/> Freeskate 5 <input type="checkbox"/> Freeskate 6  <b>Showcase</b> <input type="checkbox"/> Basic A 1+2 <input type="checkbox"/> Basic B 3+4 <input type="checkbox"/> Basic C 5+6 <input type="checkbox"/> Basic D 7+8 <input type="checkbox"/> Freeskate 1 <input type="checkbox"/> Freeskate 2 <input type="checkbox"/> Freeskate 3 <input type="checkbox"/> Freeskate 4 <input type="checkbox"/> Freeskate 5 <input type="checkbox"/> Freeskate 6
<b>Compulsory Spins</b> <input type="checkbox"/> Senior <input type="checkbox"/> Junior <input type="checkbox"/> Novice <input type="checkbox"/> Intermediate <input type="checkbox"/> Juvenile <input type="checkbox"/> Pre-Juvenile <input type="checkbox"/> Preliminary <input type="checkbox"/> Pre-Preliminary <input type="checkbox"/> No Test	<b>Interpretive</b> <input type="checkbox"/> No-Test <input type="checkbox"/> Pre-Preliminary- <input type="checkbox"/> Preliminary <input type="checkbox"/> Pre Juvenile- <input type="checkbox"/> Juvenile <input type="checkbox"/> Intermediate- <input type="checkbox"/> Novice <input type="checkbox"/> Junior-Senior	<p style="text-align: center;"><b>Entries must be postmarked on or before</b></p> <p style="text-align: center;"><b>SEPTEMBER 25, 2009.</b></p> <p style="text-align: center;"><b>CHANGES after close of entries will be charged \$25 per change, per skater and will be accepted pending the approval of the Chief Referee. Please choose CAREFULLY!</b></p>		

<b>Fees:</b>			
•	First Basic Skills Event	\$40.00	
	Second Basic Skills Event	\$20.00	
	Each Additional Basic Skills Event	\$10.00	x (# of events) _____
•	First Event No Test through Pre Juvenile	\$80.00	
	Second Event No Test through Pre Juvenile	\$35.00	
	Each Additional Event No Test through Pre Juvenile	\$20.00	x (# of events) _____
•	First Juvenile through Senior Event	\$90.00	
	Second Juvenile through Senior Event	\$35.00	
	Each Additional Juvenile through Senior Event	\$20.00	x (# of events) _____
•	<b>LATE FEE</b> for applications sent after September 25, 2009 pending approval	\$45.00	
•	Practice Ice	\$10.00	X (# of slots) _____
<b>Total:</b>			\$ _____

**Please note: No refunds will be granted except for canceled events.**

**Each entry must be signed below by an official from the skater's home club or Basic Skills Director.**

**Certificate of eligibility:** I hereby approve this entry and certify that this skater is a member in good standing of this Club or Basic Skills program, is an amateur in accordance with USFS rules, and to the best of my knowledge is eligible for these events.

Signature: \_\_\_\_\_ Title \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**Club officer, or (for Basic Skills only) Program Director**

Skater's Signature \_\_\_\_\_

Parent's Signature (If skater is under 18) \_\_\_\_\_

**Liability and Medical Release:** The following release must be completed and signed before an application can be considered complete. Any application without a signed release will not be accepted. (Rule # 3222) The USFS and the clubs or organizers undertake no responsibility for damage or injuries suffered by the skaters or officials. As a condition or in consideration of the acceptance of their entries or participation therein, all entrants their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by, or connected with the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, the USFS, the club holding the competition, and against its officers and their entries shall be accepted only on such condition.

**Skaters Signature:** \_\_\_\_\_

**Parent/Guardian signature:** \_\_\_\_\_

**Mail Applications To:** Harvest Invitational Competition  
c/o Joyce Glorioso  
P.O. Box 3824  
Frederick, MD 21705

**Make checks payable to:**

**The Frederick Figure Skating Club**

DO NOT SEND YOUR APPLICATION BY CERTIFIED MAIL  
OR ANY OTHER METHOD THAT REQUIRES A SIGNATURE

<b>FFSC USE ONLY</b>			
	Date Received	Amount	Check #

2009 Harvest Invitational  
Personal "Good Luck" Ads

**Wish your special skater good luck!**

(Ads will be inserted in the competition program)

\$10.00 1/8 page

\$20.00 1/4 page

\$40.00 1/2 page

\$80.00 Full Page (8 1/2 X 11)

Ads will be accepted through **OCTOBER 10, 2009**

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**(Please print neatly)**

Message:

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Make Checks Payable to:

**The Frederick Figure Skating Club**

Send to:

Harvest Invitational  
c/o Joyce Glorioso  
Frederick Figure Skating Club  
P.O. Box 3824  
Frederick, MD 21705

**The Frederick Figure Skating Club  
Harvest Invitational Competition  
October 25, 2009  
2009 Advertising Contract**

Company Name	
E-mail	
Address	
Contact Person	
Phone #	

Program Size:	8 ½" x 11" page
Outside back cover	\$ 300.00
Inside back cover	\$ 225.00
Front inside cover	\$ 250.00
Full page	\$ 100.00
Half page	\$ 50.00 (4.25 x 5.5)
Quarter page	\$ 25.00 (4.25 x 2.75)

Please attach camera-ready artwork or a business card.  
Please return completed form with payment and ad no later  
than OCTOBER 10, 2009 to:

The Frederick Figure Skating Club  
"Competition Ads"  
c/o Joyce Glorioso  
P.O. Box 3824  
Frederick, MD 21705  
Email: k.orndorff@comcast.net

